|  |  |
| --- | --- |
| JB’s Holiday Activities  KS 1 Dance  Name …………………………………….  Class……………………………………… | How much can you remember about Dance?  Q1) Can you name a style of dancing?  ………………………………………………………………………  Q2) When dancing to music, you are listening for the what?  ………………………………………………………………………  Q3) How would you need to move if you were dancing to a fast song or piece of music?  ………………………………………………………………………  Q4) Name three different body parts that you can use when dancing?  ……………………………………………………………………… |
|  |  |
| Can you try the following?   1. Can you copy a dance that you have seen? 2. Can you make your own dance to a song of your choice? 3. Can you clap in time to the beat of a song of your choice? 4. Can you copy a partners movements? 5. Can you perform an action in slow motion?   \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  My …………………………………………… helped me try these challenges in the holiday.  Adult Signature …………………………………………………………………….. | Can you watch and then copy 5 of your favourite pop song dance routines?  What are they? |
|  |  |
|  |  |